

# **Student Wellbeing Services**



## **Student Counselling Service**

Notre Dame provides students with free, confidential counselling and psychological support in a safe, professional environment. Counsellors and psychologists can help students with a range of issues, including anxiety, stress, depression, loss and grief, relationship difficulties, gender and sexuality concerns, financial difficulties, and addiction and substance misuse. notredame.edu.au/counselling



#### **Access & Inclusion**

Access and Inclusion services support and empower students to achieve their goals and participate equitably at university, through the provision of reasonable adjustments and Learning Access Plans (LAPs). The adjustments provided will depend on the nature and extent of each student's disability, injury, medical condition, mental health condition or learning difficulty. Adjustments may include alternative exam conditions, assistive equipment and technology, library assistance and alternative format study materials.

notredame.edu.au/ai



### Respect@ND

Notre Dame believes that all members of the University community have the right to feel safe and secure, and to be treated with respect and dignity at all times. Notre Dame has specially trained Respect Officers on each campus to help and support any member of the University community who is affected by sexual assault, sexual harassment, or family and domestic violence.

notredame.edu.au/respect



#### **Student Grievances**

The University recognises that students may wish to raise a problem, issue or grievance concerning their current or past involvement with the University. If you are a current, prospective or former student and would like to raise a concern or complaint regarding any aspect of your involvement with Notre Dame, you are welcome to contact the Student Grievance Officer. The Student Grievance Officer will listen to your concerns, treat you with respect, provide you with information and support regarding the student grievance resolution process, and help to connect you with other support services as needed. notredame.edu.au/studentgrievances



#### **Student Hardship Fund**

The Student Hardship Assistance Fund provides one-off, short-term relief to students who have been impacted by an unforeseen hardship. Grants of between \$250 and \$1000 are available to eligible students who need emergency assistance while continuing their studies at The University of Notre Dame Australia. The hardship experienced could include personal difficulties, local emergencies, and/or wider spread community hardships.

notredame.edu.au/hardship-assistance

National Student Wellbeing Hotline: 08 9433 0746
Email: studentwellbeing@nd.edu.au
notredame.edu.au/studentwellbeing